



TIPS FOR FIRST-TIME CAVALIER BAND PARENTS



1 TRUST THE PROCESS

Band can seem chaotic at first. Students are learning music, drill, marching technique, teamwork, and time management all at once. The show that looks rough in July will look AMAZING by October!



2 HYDRATION IS NOT OPTIONAL

Make sure students bring their full LT-branded water jug with them everywhere! Band students can easily go through a full gallon of water on camp and competition days.



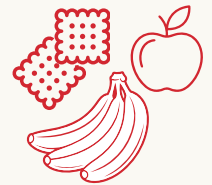
3 LABEL EVERYTHING

Water bottles, gloves, show shirt, shoes, garment bags, shakos, drill, jackets, instruments, chargers, and even sunscreen. If it can be lost, it probably will be.



4 FEED THEM BEFORE THEY SAY THEY ARE HUNGRY

Band students burn a surprising number of calories. Keep snacks in the car! Suggestions: granola bars, fruit, beef jerky, crackers, electrolyte drinks



5 GET FAMILIAR WITH THE CALENDAR

Competitions, football games, rehearsals, camps, fundraisers, and concerts add up quickly. Subscribe to the Google Band Calendar and read the weekly Cav Band News (CBN)!



6 COMFORTABLE SHOES MATTER

For both students and parents. You'll spend more time on your feet than you think.



7 VOLUNTEER & ATTEND PARENT MEETINGS

Every experienced booster was once a first-year parent. Helping with uniforms, concessions, or chaperoning is a great way to meet people— make sure to join our monthly meetings to hear from the Board and Mr. Hicks!



8 TAKE PICTURES & CHECK OUT SMUGMUG

Senior parents will tell you the years go by incredibly fast. Take lots of photos and video! And thanks to our awesome parent volunteer photographers, we are lucky to have amazing action photos of our students!



9 CELEBRATE PROGRESS

The biggest wins often aren't the awards, they are watching a nervous freshman perform with confidence, mastering difficult music, building lasting friendships, and growing into strong leaders.



10 BAND BECOMES FAMILY

Your child joins the band, but your family often gains an entire community. Some of the friendships made in band last a lifetime.



When your child starts talking about band, listen. They may complain about the heat, early mornings, sore feet, and long bus rides—yet years later, most say band was one of the best parts of high school. The days are long. The years are short. Enjoy every performance.