Wet Bulb Guidelines

You may have heard on the news, as school districts across Texas gear up for preseason band and athletic activities, that schools are being asked to follow Wet Bulb Guidelines for heat monitoring and protocols for outside practices.

Wet Bulb UIL Protocol

The LT Band also has its own Wet Bulb Thermometer so we can monitor it on site during practice.
So how does this work in practice?

- We ask every student to have a personal water jug, and lack of that safety equipment can reduce/eliminate participation in that practice.
- We expect students to dress for the temperature. No pants, and encourage students to wear light colored clothes.
- We have access to water and ice for refills.
- We implement cooling fans and encourage students to find shade when possible.
- Students are asked to communicate with an adult if they are feeling uneasy, dizzy, nauseated, or have a headache.
- We have the rapid cooling tarp available at practice when protocol demands.
- We check WBGT temperature before practice and the duration of our time outside.